



## Kenneth A. Bock, MD

### Clinical Approaches to Detoxification in Children

#### **Disclosure Statement:**

Dr. Bock has indicated he is a consultant for Kirkman Group.

#### **Lecture Overview**

Environmental toxins have been steadily increasing over the last few decades, resulting in increased exposures to our children. Concomitantly, we are seeing an increased incidence of childhood disorders, believed to be due, at least in part, to the inability of genetically susceptible children to effectively detoxify these exposures. Increased oxidative stress and chronic inflammation combine to produce one or more of the phenotypes of these childhood disorders, including the “4-A disorders”: autism, ADHD, asthma and allergies. In addition to environmental modifications that attempt to decrease exposure to these harmful chemicals and heavy metals, detoxification approaches are essential to restoring metabolic, immune and neurologic integrity and function.

#### **About Dr. Bock**

Dr. Kenneth A. Bock, M.D., received his M.D. with Honor from the University of Rochester, School of Medicine, in 1979. He is Board Certified in Family Medicine and is a clinical instructor in the Department of Family Medicine at Albany Medical College. For more than 25 years, he has dealt with complex medical problems by integrating alternative modalities with conventional medicine into a comprehensive integrative medical practice, and for the last decade he has focused that approach on children with autism spectrum disorders, ADHD, asthma and allergies. Dr. Bock’s Healing Program is at the vanguard of the new biomedical approach to the treatment of children affected by these disorders. He is the co-author of *Healing the New Childhood Epidemics: Autism, ADHD, Asthma and Allergies* (Random House). He lectures nationally and internationally on immune system health and integrative approaches to autism spectrum disorders, ADHD, asthma and allergies.

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