



Alan R. Gaby, MD

Controversies in Nutrition

Disclosure Statement:

Dr. Gaby has indicated he has no relevant financial relationships with any commercial supporters.

Lecture Overview

This lecture will focus on endocrine disruption in women's health and present evidence of environmental links to breast cancer, endometriosis, infertility, PCOS and more. Detoxification treatment protocols will be provided including; botanicals and supplemental support for liver phase one and two pathways, sauna therapy, colon hydrotherapy and other strategies to remove toxins from the body.

About Dr. Gaby

The presentation will discuss controversies, misinformation, and myths related to various nutritional supplements. Topics to be discussed include the safety and efficacy of high-dose vitamin D and high-dose iodine; whether high-dose vitamin E increases mortality and increases the risk of heart failure; whether homocysteine-lowering is beneficial; differences between alpha-tocopherol and mixed tocopherols; differences between vitamin D supplements and sunlight exposure; whether folic acid causes cancer; whether vitamin A supplements cause osteoporosis; and the safety and efficacy of high-dose strontium as a treatment for osteoporosis.

iMosaic

A 360° Look At Current Topics in Integrative Medicine
April 8-10, 2011 - Minneapolis, Minnesota

